

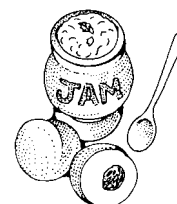
# Noncreditable or “Other” Foods in the Child and Adult Care Food Program (CACFP)

## Child Care Centers and Day Care Homes



Noncreditable or “other” foods are not creditable toward any component in the CACFP meal pattern. These foods are not necessarily nutritionally unsound and are in the “other” category for a variety of reasons. “Other” foods may be served in addition to the meal or snack components to add variety, help improve acceptability in the meal, satisfy appetites, provide additional calories and (depending on the choice of foods) increase the nutritional quality of the meal.

Keep in mind that “other” foods are often a source of hidden sugar, fat and sodium. In addition, children may prefer to fill up on these foods instead of eating the more nutritious meal components. Therefore, care should be taken when offering “other” foods. Read labels and be aware of the ingredients in the foods served, and limit the frequency and amount of less nutritional choices.



“Other” foods include, but are not limited to:

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| <ul style="list-style-type: none"> <li>• bacon</li> <li>• bacon bits</li> <li>• butter</li> <li>• candy*</li> <li>• caramel corn</li> <li>• chocolate drinks</li> <li>• coffee*</li> <li>• condiments (ketchup, mustard, relish, barbecue sauce, chili sauce)</li> <li>• cranberry cocktail</li> <li>• cream, half and half</li> <li>• cream cheese</li> </ul> | <ul style="list-style-type: none"> <li>• cream soups, canned (cream of mushroom, cream of celery, cream of broccoli)</li> <li>• eggnog</li> <li>• frozen yogurt</li> <li>• fruit drink, fruit beverage, powdered fruit drink mix</li> <li>• fruit punch (if not 100% juice)</li> <li>• fruit rolls, fruit snacks</li> <li>• gelatin, flavored or sugar free</li> <li>• honey**</li> <li>• ice cream</li> <li>• ice milk</li> </ul> | <ul style="list-style-type: none"> <li>• iced coffee*</li> <li>• iced tea*</li> <li>• jam, jelly</li> <li>• lemonade</li> <li>• limeade</li> <li>• maple syrup</li> <li>• margarine</li> <li>• marshmallows</li> <li>• mayonnaise</li> <li>• nectars</li> <li>• popcorn</li> <li>• popcorn cakes</li> <li>• popsicles</li> <li>• potato chips</li> <li>• pudding</li> <li>• pudding pops</li> <li>• salad dressings</li> </ul> | <ul style="list-style-type: none"> <li>• sherbet (not CN labeled)</li> <li>• soda, regular and sugar free*</li> <li>• soups, canned (beef barley, beef noodle, turkey or chicken noodle, and turkey or chicken rice)</li> <li>• sour cream</li> <li>• spreadable fruit</li> <li>• syrup</li> <li>• tea*</li> <li>• unenriched bread products (breads, muffins, cookies, pretzels, etc.)</li> </ul> |
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\* These foods may **not** be served to children.

\*\*Honey (including that cooked or baked in products such as honey graham crackers) should not be served to infants less than one year of age.

This list does not include all possible “other” foods. For additional crediting information, consult the Crediting Foods Guide in the Office of Child Nutrition’s *Nutrition Policies and Guidance for the Child and Adult Care Food Program: Child Care Centers and Family Day Care Homes*. For questions concerning a particular food, contact the Office of Child Nutrition at (860) 807-2075.